Overview
This plan provides guidelines for employees returning to work after infection with the Covid-19 virus (Coronavirus).

References
- Centers for Disease Control
- National Institute for Occupational Health & Safety
- OSHA COVID-19
- OSHA Emergency Preparedness and Response

Hazards
Infection with the COVID-19 virus causes a variety of symptoms from mild to severe respiratory illness and other complications, including most notably fever, cough, and difficulty breathing. Persons experiencing symptoms should seek medical advice, testing, and treatment as indicated by their medical provider. The Centers for Disease Control (CDC) urges those who may have been exposed to isolate themselves according to established guidelines and to not return until cleared.

Key Responsibilities
The company will appoint appropriate staff to manage this event. This will consist of senior level management to act as the Event Management Staff as well as managers and supervisors to support the event and carry out the procedures in the field. Employees will be expected to follow these procedures. Specific responsibilities are outlined below.

Event Management Staff
- Will provide overall direction for managing this program and establishing policies and procedures for controlling exposures to employees. The event management staff will assure this procedure is periodically reviewed and updated as needed. A surveillance or auditing of this practice will be performed periodically to assure these procedures are being followed.
- Will support the process of quarantine for at-risk (and infected) employees a minimum of 14 days free of illness prior to return to work.
- Will immediately notify ‘client site ownership’ if a worker associated with the project is determined to be at-risk or infected.
- Will provide information to CDC or other required authorities (e.g. local health department), for laboratory verified cases of COVID-19 or similarly contagious diseases.
- Will Assures that an individual with sufficient knowledge of the procedures outlined in this plan is assigned as the Pandemic Safety Officer at the work site to oversee effective implementation of the plan.

Managers/Supervisors
- Will ensure that all employees are trained on related safety topics and aware of the proper work procedures.
• Will implement and/or provide controls (engineering, administrative, or personal protective equipment) to minimize hazard exposure.
• Will utilize the Pandemic Safety Officer to routinely monitor the workforce to oversee effective implementation of this plan.
• Will advise Event Management when it is necessary to recommend quarantining or isolation of employees.
• Will distribute hygiene supplies (disinfectant sprays/solutions, wipes, hand sanitizers, etc.) to employees with instructions on when and how to effectively use.

Employees

• Will assist in the implementation of this plan as instructed.
• Will follow all requirements regarding safe work procedures and wear assigned PPE.
• Will attend safety and communications meetings to stay informed.
• Will self-quarantine, when instructed by management, if exposed to a person that is known to be infected or suspected of being infected with COVID-19.
• Will stay at home and isolate themselves if testing positive or suspected of being positive for COVID-19.
• Will not return to work until the clearance requirements in this plan are satisfied.
• Will report any safety concerns to their manager / supervisor.

Definitions

Centers for Disease Control (CDC) – is the leading national public health institute of the United States. The CDC collaborates to create the expertise, information, and tools that people, and communities need to protect their health through health promotion, prevention of disease, injury and disability, and preparedness for new health threats.

Close Contact - Also referred to as “exposure” or “exposed”. Being closer than 6 feet to a COVID-19 case for ten (10) to thirty (30) minutes or more within 48 hours of symptom onset. Close contact can occur while caring for, living with, visiting, or sharing a hospital room with a COVID-19 case – or – having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed, sneezed on).

Coronavirus - a large family of viruses which may cause illness in animals or humans. In humans, several coronaviruses are known to cause respiratory infections ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

Coronavirus 2019 (COVID-19) - an infectious disease caused by the most recently discovered coronavirus. This new virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019.

Pandemic Safety Officer – Qualified individual assigned to assure this plan is implemented according to the procedures established. Roles and responsibilities as outlined in Attachment Pandemic Safety Officer Roles & Responsibilities. Activities taken to assure effective implementation of the plan will be documented.

Quarantine - separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
Safe Work Practices - types of administrative controls that include procedures for safe and proper work used to reduce the duration, frequency, or intensity of exposure to a hazard.

Procedures/Practices

The following procedures and practices will be implemented in preparation for re-opening and during such time that the risk of COVID-19 infection remains in effect and subject to federal, state and/or local requirements.

NOTE: The information provided is the most recent at the time of publication. However, information is rapidly changing. The CDC and Pennsylvania Coronavirus websites will be monitored for additional information, protective measures and updates at: https://www.cdc.gov/coronavirus/2019-ncov/index.html.

Symptoms of COVID-19

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. The CDC reports symptoms of COVID-19 include: fever, cough, shortness of breath, chills, repeated shaking with chills, muscle pain, headache, sore throat and new loss of taste or smell. Symptoms typically appear within 1-14 days from exposure with an average of about 5 days. These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms and don't feel unwell. Most people (about 80%) recover from the disease without needing special treatment. Older people, and those with underlying medical problems like high blood pressure, heart problems, diabetes and immune compromised conditions are more likely to develop serious illness. People with fever, cough and difficulty breathing should seek medical attention. Refer to the Attachment COVID-19 and You for additional information from the CDC.

Employees developing any of the following emergency warning signs* for COVID-19 get medical attention immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.

How COVID-19 Spreads

People can catch COVID-19 from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales and another person is in close proximity (generally <6 feet) and inhales the droplets. These droplets also land on objects and surfaces nearby. Other people then catch COVID-19 by touching these objects or surfaces, when touching their eyes, nose or mouth. This is why it is important to stay more than 6 feet (2 meters) away from a person who is sick.

Return to Work and Clearance Procedures
Employees will be cleared to work at ABC Eastern PA job sites if they are not experiencing symptoms and the following conditions are met:

A. If you have not been exposed to COVID-19 and have no symptoms:
   a. Complete the Attachment COVID-19 Self Certification Form and return as instructed.

B. If you were exposed to someone who has been diagnosed with COVID-19 you can return to the work site if these conditions are met:
   a. Self-quarantine for fourteen (14) days from your last potential exposure or as directed by a medical professional.
   b. Follow the Self Quarantine Attachment.

C. If you tested positive for COVID-19, with symptoms, you will be excluded from work until:
   a. Your fever is less than 99.9 F (37.7 C) without the use of fever-reducing medications AND
   b. You have improvement in respiratory symptoms (e.g., cough, shortness of breath) AND
   c. You have negative results (of an FDA Emergency Use Authorized molecular assay for COVID-19) from at least two consecutive nasopharyngeal swab specimens collected ≥24 hours apart (a total of two negative specimens).
   d. After returning to work:
      e. Continue with twice-daily self-monitoring on and off shift until further notice.
      f. Adhere to hand hygiene, respiratory hygiene and cough etiquette.
      g. Practice social distancing when appropriate.

D. If you tested positive for COVID-19 with no illness you will be excluded from work until:
   a. After at least 7 days have passed since the date of their first positive COVID-19 test.
   b. They have not become ill.
   c. For an additional 3 days after they end isolation, they continue to limit contact (stay 6 feet away) with others.
   d. They wear a mask or other covering of their nose and mouth to limit the potential of dispersal of respiratory secretions.

E. Employees who test positive and have been hospitalized may return to work when directed to do so by their medical care providers. The employee will provide documentation clearing his or her return to work.

F. Employees returning to work are subject to the self-certification and temperature screening procedures and requirements the same as all other employees that were not restricted.

The conditions under which the employee returned to work will be documented. See Attachment Return to Work Form.

In the event that an employee shows symptoms or becomes ill at work, they will be required to return home. If the person is under distress, call emergency medical personnel unless you are specifically trained to respond and have appropriate PPE. The ABC Eastern PA Safety Director will be notified of any employee that shows symptoms or is returned home. Notification will be made on the same day this occurs.
Communicate with both affected and non-affected employees on the status of the suspected or confirmed COVID-19 case, but do not communicate the name of affected individuals or specific medical diagnoses. Where there is a confirmed case of COVID-19, notify affected employees and encourage them to seek medical advice. If a suspected case tests negative, notify affected employees and encourage them to return to work.

As an alternative to quarantining, the CDC has issued new guidance for workers who may have been exposed to a person with suspected or confirmed COVID-19, which is included as Attachment to this plan. This guidance permits an essential employee that has been exposed (had close contact with COVID-19 case) to remain at work, provided they remain asymptomatic and additional precautions are implemented to protect them and the community. Necessary elements for this procedure include the following:

- **Pre-Screen:** Measure the employee’s temperature (temperature screening) and assess symptoms (self-certification) prior to them starting work. Temperature checks will be done before the individual enters the facility.

- **Regular Monitoring:** As long as the employee doesn’t have a temperature or symptoms, they will self-monitor under the guidance of <COMPANY>’s occupational health program.

- **Wear a Mask:** The employee will wear a face mask or an approved cloth face covering at all times while in the workplace for 14 days after last exposure or as long as required.

- **Social Distance:** The employee will maintain 6 feet and practice social distancing as work duties permit.

- **Clean and disinfect work spaces:** Clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment, and high touch surfaces daily.

The full details for remaining at work are listed in the attached guidance document.

**Temperature Screening**

Temperature screening is a useful way to identify potentially infected employees.

A complete procedure for effective temperature scanning is provided in Attachment Temperature Screening Protocol. Use of these procedures by ABC Eastern PA employees will require training and personal protective equipment as outlined in the procedure. ABC Eastern PA’s Human Resources and Safety departments will be consulted before these procedures are implemented.

The person(s) providing the temperature scans will be made aware of the following workers’ medical rights. When information is being collected in an employment context (and not in the context of providing medical care, or the health plan), then HIPAA does not apply.

- Temperature readings will not be recorded. This is simply a scanning for safety procedure.
- Employees must be given the opportunity to opt-out but if they do, they will not be able to work on the site.
- PPE for anyone performing temperature scans will include: a fluid-resistant face mask, nitrile gloves, and safety glasses or goggles for eye protection. NOTE: Disposable, fluid-resistant coveralls or jumpsuits (similar to Tyvek) are optional but should be made available to any screener on request.
• Data Security Protocols:
  o Employee log data collected must be properly protected.
  o Access to any written logs is limited to authorized personnel on a “need to know only” basis.
  o If electronic data is generated, access is restricted to authorized personnel.

Attachments (By reference)

• Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19, CDC Publication
• Pandemic Safety Officer Roles & Responsibilities
• Self-Certification Form
• Self-Quarantine Guide
• Return to Work Form
• Temperature Scanning Protocol
COVID-19 Pandemic Safety Officer Roles & Responsibilities

ABC Eastern PA has designated ______________ as the Pandemic Safety Officer for this job site. The primary responsibilities of the Pandemic Safety Officer are to establish, implement, and enforce the procedures outlined in this COVID-19 Plan.

The Pandemic Safety Officer will fulfill the following roles and responsibilities:

- Plan and Administer Self-Certification Process for Employees & Visitors
- Plan and Administer Temperature Screening Protocol for Employees & Visitors
- Conduct On-going Monitoring of Workforce for Signs/Symptoms of COVID-19
- Assist with Contact Tracing & Notification for Exposed Workers
- Develop and Perform Communication & Training Sessions
  - Initial Training
  - Periodic Toolbox Talks
  - Document Training
- Develop Plans for Cleaning & Disinfecting
- Identify and Recommend Appropriate PPE
- Develop Job Safety Analyses for specific tasks related to COVID-19 Safety Practices
- Perform and Document Inspections of Equipment and Employee Practices
  - Monitor Social Distancing
  - Inspect Hand Washing/Sanitizing Stations
  - Monitor Cleaning & Disinfecting Practices & Procedures
  - Monitor Use of PPE
  - Identify Deficiencies and Corrective Actions
  - Monitor Completion of Corrective Actions
- Recordkeeping
  - Assure adequate documentation is performed and maintained for required documents and records pertaining to COVID-19; OSHA recordkeeping for COVID-19 Illnesses.

The Pandemic Safety Officer will ensure the following specific actions are taken*:

- Ensure workers are traveling to and from the job site separately. No more than one employee per vehicle.
- Ensure all workers are maintaining six feet of separation at all times.
- Ensure self-certification and temperature scans are being conducted in accordance with procedures in this plan.
- Ensure all gatherings are no more than 10 people, maintaining 6-foot social distancing, when required to meet, even when conducted outside.
- For stand-down meetings, disseminate information electronically and have each
trade conduct the training in their own groups, not to exceed 10 people, maintaining social distancing.

✓ Do not allow workers to share a pen or tablet device to sign for attendance. The meeting leader can sign on the workers’ behalf.

✓ Do not allow the use of a common water cooler.

✓ Ensure all doors are propped open for fresh air when safe to do so.

✓ Do not allow trade stacking in the same space.

✓ Ensure adequate hand wash stations are installed/maintained at building entrances, break areas, food truck areas, offices, trailers, and job site egress areas.

✓ Ensure sanitation supplies are fully stocked and available for use.

✓ Ensure sanitation of common use areas is being conducted regularly.

✓ Encourage and direct workers to wash hands at breaks and as frequently as possible.

✓ Ensure gloves and safety glasses are worn at all times. Do not allow sharing of any PPE.

✓ Shared tools and equipment must be wiped down with sanitizing wipes or soap and water prior to the next worker using the tool or equipment.

✓ Encourage employees to bring their own lunch and consider eliminating food truck where possible.

✓ Ensure 6-foot Social Distancing and gatherings of no more than 10 people are being observed in food truck lines and while eating and on breaks.

✓ If the Pandemic Safety Officer observes a violation of the social distancing policy, then the worker may be subject to the company’s progressive discipline policy.

*This is not an all-inclusive list. Assure that all procedures of the plan are implemented effectively. Take corrective action for non-compliance and follow-up to assure corrective actions have been completed.*
# Return to Work Form

## Part 1: Self-Certification *(to be completed by employee)*

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Number of working days absent:

State briefly why you were restricted from working (specify nature of illness or injury. Words like “illness” or “unwell” are not enough).

I reported my absence to: ___________________________ on (Date): ___________________________

Signed (employee): ___________________________ Date: ___________________________

## Part 2: Return To Work Discussion *(to be completed by manager)*

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Has the necessary medical certification been presented? Yes/No

Summary of discussion:
Any other comments or issues raised, and any further action agreed:

Signed (employee): ________________________________  Date: _____________

Signed (manager): ________________________________  Date: _____________
<COMPANY NAME> is taking precautions to prevent further spread of the Coronavirus COVID-19 and requiring basic visitor screening procedures at our offices and work locations.

Associate Name: ___________________________   Date_____________   Time ___________

Please Initial the correct box for the following questions:

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<th>Question</th>
<th>YES</th>
<th>NO</th>
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<td>1. Have you visited a high impact area with a sustained COVID-19 outbreak or been in contact with anyone who has visited these locations in the past 14 days?</td>
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<td>2. Have you been in close contact with a person who has a confirmed case of COVID-19 disease?</td>
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<td>3. Do you have, or have you had a fever in the last 24 hours?</td>
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<td>4. Do you have symptoms of a lower respiratory illness (cough, difficulty breathing)?</td>
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<td>5. Have you had close contact with a person who has a confirmed case of COVID-19 disease?</td>
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<td>6. Have you had close contact with a person while they were ill, and their health care provider is working to determine if they have COVID-19?</td>
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<td>7. Have you been asked to self-quarantine by any doctor, hospital or health agency?</td>
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If you have answered 'YES' to any of the above questions, please inform your supervisor, go home and immediately see a physician.

Associate Signature: ___________________________
Overview

This guidance is for monitoring the health of individuals while being quarantined for 14 days following exposure, or potential exposure to coronavirus. This does NOT mean that you will become sick with coronavirus. It is important to monitor your health so that you can be cared for and treated quickly if you do get sick.

References

CDC Guidance to Prevent Spread of COVID-19


Hazards

The most common COVID-19 symptoms include fever, cough, and difficulty breathing. If you’re experiencing symptoms, contact your medical provider. The Centers for Disease Control (CDC) urges those who may have been exposed to avoid public places and limit contact with other people.

Definitions

Fever - a temporary increase in your body temperature, often due to an illness. Having a fever is a sign that something out of the ordinary is going on in your body. A temperature of 100.4 F is typically used to define a fever for COVID-19.

Personal Protective Equipment (PPE) - PPE prevents the worker to contact a hazardous agent or equipment by creating a barrier between the potential hazardous material and the worker, and substantially protects them from risks of injury or illness.

Thermometer - an instrument for measuring temperature.

Procedures/Practices

Follow these guidelines for self-quarantine for 14 days from your last potential exposure.

- Inform your supervisor.
- Stay home from work.
- Take your temperature with a thermometer at least twice a day and watch for cough or difficulty breathing.
- Keep your distance of at least 6 feet (2 meters) from others.
- Avoid public places and do not take public transportation, taxis or ride shares unless going for medical care. In that case, where a face mask if available. Use your personal vehicle if available.
- If you get sick with fever, cough, shortness of breath or other signs of respiratory illness contact your medical provider.
- If you need to seek medical care for other reasons, such as dialysis, call ahead to your doctor and tell them about your recent exposure.
- If you have a medical emergency, call 911. Tell them your symptoms and that you are being monitored for COVID-19.

Self-Monitor Procedures:

- Perform health checks every morning and every night or anytime you feel like you might have a fever:
Use a thermometer to take your temperature.
- Be alert for other COVID-19 symptoms including cough or shortness of breath.
- Record your temperature and any symptoms in the log (see Attachment Self-Monitoring Observations).
- If you forget to take your temperature, take it as soon as you remember.

If you have fever, cough or shortness of breath:

- Do not go out in public and avoid public transportation, taxis, or ride shares, unless going for medical care and then wear a face mask if available. Use your personal vehicle if available.
- Cover your mouth and nose with a tissue or your sleeve when coughing or sneezing.
- Inform your supervisor that you are under COVID-19 quarantine.
- DO NOT GO to a clinic or hospital without first calling your primary care provider.
- If you seek medical advice call ahead before you go to the doctor’s office, urgent care or emergency room and tell them you are under COVID-19 quarantine and about your symptoms.
- If you feel your symptoms are at emergency levels i.e. shortness of breath, fever of 102F, chest pain, etc. that cannot wait, call 911 and explain that you are being monitored for potential exposure to coronavirus and need emergency medical care.
- Wash hands often with soap and water to avoid spreading the virus to others. If soap and water are not readily available, use alcohol-based hand sanitizer that contains at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Attachments

Figure 1 Self-Monitoring Observations
Self-Monitoring Observations

Record the dates. Take your temperature twice a day. Document symptoms. Do not leave any spaces blank.

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Name: _________________________ Signature: ________________________ Date: _______________
Overview

ABC Eastern PA is implementing temperature scanning procedures at project sites and offices, as needed, to provide the safest possible work environment, protect people, and reduce the spread of the COVID-19 virus. These measures will also help sustain business continuity and ensure compliance with contractual and regulatory obligations.

References


Hazards

The most common COVID-19 symptoms include fever, cough, and difficulty breathing. If you’re experiencing symptoms, call your medical provider. The Centers for Disease Control (CDC) urges those who may have been exposed to avoid public places and limit contact with other people.

Definitions

Fever - a temporary increase in your body temperature, often due to an illness. Having a fever is a sign that something out of the ordinary is going on in your body.

Personal Protective Equipment (PPE) - PPE prevents the worker to contact a hazardous agent or equipment by creating a barrier between the potential hazardous material and the worker, and substantially protects them from risks of injury or illness.

Thermometer - an instrument for measuring temperature.

Procedures/Practices

Generally, measuring an employee’s body temperature is considered a medical examination. During a pandemic, ABC Eastern PA will rely on the latest CDC and state or local public health assessments for guidance in implementing temperature scanning.

NOTE: When information is being collected in an employment context, and not in the context of providing medical care, then HIPAA does not apply.

Pre-planning Activities:

- People must be given the opportunity to opt-out but if they do, they will not be able to work on the site.
- If medics are on site, engage them in the planning and ask them to conduct the screening. If not, a ABC Eastern PA Health and Safety or management team member will be designated to conduct temperature scanning activities.
- Temperature readings will NOT be recorded.
- Temperature screenings should be conducted outdoors if climate allows.
- Temperature monitoring could be reported by phone (FaceTime) or shown via video conferencing.
- If the worker is not able to take their own temperature, the team member should:
  - Perform hand hygiene
• Put on a facemask, eye protection and gloves (See PPE Protocol below).
• Proceed with checking the worker’s temperature (see Testing Protocols below)
• Remove and discard PPE.
• Perform hand hygiene using alcohol-based hand sanitizer that contains 60 to 95% alcohol.

• PPE Protocol for performing the temperature screening:
  o Fluid-resistant face mask.
  o Nitrile gloves.
  o Safety glasses or goggles for eye protection.
  o Disposable, fluid-resistant coveralls or jumpsuits (similar to Tyvek) are optional but should be made available to any screener on request.

• Public health personnel collecting specimens should wear recommended PPE, including a gown, gloves, eye protection, and respiratory protection that is at least as protective as a NIOSH-approved N95 filtering facepiece respirator.

Testing Protocols

• Temperature scans for Medical non-contact thermometer:
  o Hold non-contact scanner approximately three to six inches from the worker’s forehead for accurate results.
  o Use alcohol swabs to disinfect scanner tip in the event of a contact.
  o For elevated temperature at 99.5F-100.4F (37.5C-38.0C) follow these guidelines:
    ▪ Show the worker the results on the scanner and ask them to step to the standby area for further discussion.
    ▪ Isolate worker at standby area (provide mask if coughing).
    ▪ Offer to conduct a re-scan.
    ▪ If worker says they feel sick, recommend they get evaluated at an off-site facility.
    ▪ Have workers remain at home for a minimum of 24 hours at an un-elevated temperature without the use of fever reducing medication.
  o For elevated temperature at 100.4F+ (38.0C+) worker will be refused entry and follow these guidelines:
    ▪ Show the worker the results on the scanner and ask them to step to the standby area for further discussion.
    ▪ Isolate worker at standby area (provide mask if coughing).
    ▪ Keep others outside of close contact – a minimum of six feet.
    ▪ Ask for location of work within past 14 days on the project, meetings attended, those they had close contact with, and supervisor.

• Temperature Scans for industrial infrared temperature scanner (Fluke, Flir, Milwaukee or similar device)
  o These units scan the surface temperature but do not scan the exact core temperature of individual the same way an oral medical or contact thermometer can.
  o Prior to beginning, scan about ten people, preferably from the same group, who do not have fever in order to determine the average surface temperature of those individuals. This establishes a baseline reading (the norm). As individuals are scanned, look for outliers whose results are above the norm.
Example: if the scanner unit (based on the screener’s distance from the individuals) reads 94F +/- 1 degree for ten individuals (the norm), then reads 99F for one individual, that variance is an outlier and could indicate the person has a temperature.

- Stand about two feet from the individual, extend your arm and the unit to the forehead (do not touch).
- Use alcohol swabs to disinfect scanner tip in the event of a contact.
- From 2” to 3” away, squeeze the trigger to take the reading.

If the reading is above the norm, follow these guidelines:

- Show the worker the results on the scanner and ask them to step to the standby area for further discussion.
- Rescan in 5-10 minutes. If a medical non-contact thermometer is available use that for the rescreen. If not, scan with an infrared scanner.
- If the reading is still above the norm: Isolate worker at standby area (provide mask if coughing).

- Keep others outside of close contact – a minimum of six feet.

**Worker Protocol**

- If worker says they feel sick, recommend they get evaluated at an off-site facility.
- If a worker has an elevated temperature, instruct them to remain at home for a minimum of 24 hours at an un-elevated temperature without the use of fever reducing medication.
- If a worker has an elevated temperature, ask for recent location of work within past 14 days on the project, meetings attended, those they had close contact with, and supervisor contact information.
- After being scanned and allowed to enter, workers must proceed directly to work area and stay there all day, including eating and using the restroom. At the end of day, they must leave the work site directly and not return.
- The Temperature Screening Protocol is to be repeated daily.

Refer any questions or concerns to the individual’s supervisor or ABC Eastern PA Management.
Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19

To ensure continuity of operations of essential functions, CDC advises that critical infrastructure workers may be permitted to continue work following potential exposure to COVID-19, provided they remain asymptomatic and additional precautions are implemented to protect them and the community.

A potential exposure means being a household contact or having close contact within 6 feet of an individual with confirmed or suspected COVID-19. The timeframe for having contact with an individual includes the period of time of 48 hours before the individual became symptomatic.

Critical Infrastructure workers who have had an exposure but remain asymptomatic should adhere to the following practices prior to and during their work shift:

- **Pre-Screen:** Employers should measure the employee's temperature and assess symptoms prior to them starting work. Ideally, temperature checks should happen before the individual enters the facility.
- **Regular Monitoring:** As long as the employee doesn't have a temperature or symptoms, they should self-monitor under the supervision of their employer's occupational health program.
- **Wear a Mask:** The employee should wear a face mask at all times while in the workplace for 14 days after last exposure. Employers can issue facemasks or can approve employees' supplied cloth face coverings in the event of shortages.
- **Social Distance:** The employee should maintain 6 feet and practice social distancing as work duties permit in the workplace.
- **Disinfect and Clean work spaces:** Clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment routinely.

If the employee becomes sick during the day, they should be sent home immediately. Surfaces in their workspace should be cleaned and disinfected. Information on persons who had contact with the ill employee during the time the employee had symptoms and 2 days prior to symptoms should be compiled. Others at the facility with close contact within 6 feet of the employee during this time would be considered exposed.

Employers should implement the recommendations in the Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 to help prevent and slow the spread of COVID-19 in the workplace. Additional information about identifying critical infrastructure during COVID-19 can be found on the DHS CISA website or the CDC's specific First Responder Guidance page.
The information contained in this document will be used for the sole purpose of contact tracing and, unless you have provided your express written authorization, neither your name nor any personal medical information will be disclosed.

1. Date you started to feel sick:

2. Two days before the day you started to feel sick:

3. Think back to what you did between the date of #2 and today or the date you went into isolation.

4. Think back to with whom you were in close contact* (a) at the jobsite; (b) within your own trade; (c) with other craftworkers outside your trade; (d) supervisory, safety, or other employees of your company or other companies working at the jobsite; (e) delivery personnel; (f) coffee truck/lunch trucks at or near the jobsite; and (f) any other person at or near the jobsite during that time between date #2 and today.

5. Contact your workplace if you later think of someone with whom you had close contact, who is not identified below.

* Close contact is defined as being within 6 feet for period of 10 minutes or more

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<th>Contact Information</th>
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